

Philosophy Statement

I believe that recreational sports bring people together in our society. I have witnessed this firsthand in my basketball journey. Kids from all different backgrounds coming together for a common goal of winning and having fun. I have seen so many learned lessons of hard work and how hard work has paid off. I have been playing the sport of basketball since I was 5 years old. My father, Sean Doherty, was a college basketball coach. I was fortunate enough to grow up around division 1 basketball players and coaches. I have learned through my dad, the teams he was on staff with and through playing on many teams on what it takes to be successful. Coaches are true mentors and teachers. I have put many hours on the basketball court in the backyard and in the basketball court at the park with my friends. No matter alone or with my friends, I have always learned something and had fun. Today, the role of recreational sports is even more important than ever (with masks/ without masks) to bring people together, gets kids out of the house and have contact with others. Physical connection with others I think is important to get our world back on track. Coaching gives opportunity to mentor our youth, bring people together and change lives by building fundamental for the future by working towards a common goal.

Since a young age, I always knew I wanted to be in sport management field. Being a manager of the basketball team at Coastal Carolina has solidified my goal of being a basketball coach. I have watched from my various coaches of the skills needed to be successful including determination, timeliness, knowledge of the sport and strong social skills including the ability to work with others. Determination is important, because if you are not determined to be successful, you will not put the time and effort in that is needed, just like anything else in life. Timeliness is also critical. My coach made us be there 15 minutes early so everyone was ready to go on time. I can see how this can help in any other facet in life if you hold that 15 min rule in all settings. To coach at the highest level, you not only need to know the fundamentals, but also the rules to help guide others to become better. Of all the skills, social skills are one of the more important skills to have because you need to teach others to be a part of a team not individuals.

My core value to becoming a head coach in basketball is to immerse myself in sports management to learn from as many coaches' philosophies as possible. I believe that with my hard work and life experiences, I can bring passion for the sport, eye for technique and patience for teaching.